

2022 COSA Nutrition Group Annual General Meeting



AGENDA

Friday 25 November 2022

1:00 pm – 2:00 pm (AEDT)

Via Zoom

Attendees:

• Lauren Atkins	• Jenelle Loeliger
• Brenton Baguley	• Louise Moodie
• Merran Findlay (Chair)	• Caley Schnaid
• Emily Jeffery	• Belinda Steer
• Nicole Kiss	• Hattie Wright

Apologies:

• Judy Bauer	• Sarah Deacon
• Teresa Brown	• Erin Laing
• Cindy Tan	• Elysia Thornton-Benko

AGENDA ITEM	DISCUSSION
1. Welcome & Introductions	<ul style="list-style-type: none"> • Acknowledgement of country from MF • Attendees welcomed by MF to the meeting, and attendees introduced selves to the group
2. Conflicts of Interest	<ul style="list-style-type: none"> • None declared
3. Membership	<ul style="list-style-type: none"> • MF reported that the nutrition group membership has increased from 76 → 95, which is a 25% increase. • Dietitians make up one third of membership (32), two-thirds are multidisciplinary members including nurses, pharmacists, and oncologists. • 15 nutrition group members are also Dietitians Australia (DA) members.
4. Update on 2022 activities 4.1. 2022 ASM	<ul style="list-style-type: none"> • MF reported good dietetics involvement across a number of activities in 2022, most notably the recent ASM in Brisbane. • Thanks to TB for active engagement on organising committee for the ASM. • Secured an international keynote speaker in two nutrition-specific plenaries (Prof Vickie Baracos) and local speakers (Prof Marina Reeves, Dr Emily Jeffery, A/Prof Nicole Kiss, Jenelle Loeliger) • Nutrition and dietetics research showcased across a number of oral sessions and in posters.

	<ul style="list-style-type: none"> • BS also reported an increase in nutrition and dietetics research abstracts this year. • JL reported there was a lot of diversity in the nutrition presentations. • ASM was well attended by dietitians.
<p>4.2. Group Plan</p>	<ul style="list-style-type: none"> • Group plan for 2023 to be put together early next year • 2022 group plan discussed as 4.3 updates
<p>4.3. Updates</p> <p>4.4. Partnerships</p> <p>4.4.1. Dietitians Australia</p> <p>4.5. Research and Research Translation</p> <p>4.5.1. Position statement</p> <p>4.5.2. H&N Evidence-based Guidelines</p> <p>4.6. Education and Communication</p>	<ul style="list-style-type: none"> • 4.4 Partnerships • <i>4.4.1 Dietitians Australia</i> • BS provided an update on partnership activities for 2022. Activities were an article in the DA professional services magazine focused on the malnutrition and sarcopenia position statement; COSA membership promoted through one of DA’s weekly emails; and the research prize at the COSA ASM. • BS reported that the Oncology IG is planning a webinar for early 2023. There may be an opportunity to use presentations from COSA and deliver a joint COSA and DA webinar. COSA nutrition group members supportive of joint event, however presentation ownership needs to be explored. • Action: MF and BS to discuss idea of a co-branded event with Marie. • 4.5 Research and Research Translation • <i>4.5.1 Position Statement</i> • NK provided an update on position statement activities for 2022. Two events this year. The first was a workshop at DA conference aimed at supporting dietitians to implement the position statement into practice (approx. 40 participants). Workshop included case studies, and information on developing a business case. Evaluation revealed participants’ confidence with implementation increased following the workshop. The second event was a breakfast session at COSA, which was a shortened version of the DA workshop with more of a multidisciplinary focus. • Based on evaluation from the workshop at the DA conference, next steps for implementation of the position statement would include developing resources such as an online toolkit. • Abbott interested in financially supporting the nutrition group with an educational grant to progress the development of new resources. Abbott does not have any influence on the activities. Nutrition group would need to put a proposal forward for consideration. Nutrition group members supportive of this idea. • Action: MF and NK to liaise with Marie regarding COSA’s support to progress this. • <i>4.5.2 H&N Evidence Based Guidelines</i> • MF provided an update on the updating of the H&N evidence-based guidelines. The wiki platform which

	<p>supports the current guidelines needs to be updated, and existing guidelines need to be moved onto the updated platform. COSA will inform us when it is time for our guidelines to be moved onto the new platform.</p> <ul style="list-style-type: none"> • Over the past 12-18 months MF, TB and JB had a number of students who completed systematic reviews, so content can be updated easily as soon as the new platform is ready. • 4.6 Education and Communication • Thank you to BB for editing the COSA e-news for the past 3-4 years. BB has been awarded a new fellowship, so MF is looking for volunteers to take on this role for 2023. LA volunteered for the role. • MF reported dietitians have been involved in various COSA and other organisational webinars throughout the year including – Aged Care (Elise Treleavan, RBWH), Head and Neck Cancer – Jo Hiatt, Ovarian Cancer – LA and BB.
<p>5. Plans for 2023 activities</p> <p>5.1. 2023 ASM</p> <p>5.2. Ideas?</p>	<p><i>5.1 2023 ASM</i></p> <ul style="list-style-type: none"> • BS is on organising committee for the 2023 ASM, and the theme is breast and gynae oncology • International speakers to consider are Prof Wendy Demark Wahnefried (USA), Dr Michelle Harvie (UK), and Prof Carla Prado (Canada). • Group members in agreement that international speaker should be a dietitian. • Local speakers to consider are BB and LA involved in multidisciplinary research evaluating the patient experience of a virtual multidisciplinary nutrition and exercise program supporting women with ovarian and gynae cancers. In WA, Mary Kennedy leading an implementation science project exploring the gap in nutrition and exercise cancer care in the South West region. • Action: All group members to consider potential international and local speakers and email MF or BS with suggestions as soon as possible <p><i>5.2 Ideas</i></p> <ul style="list-style-type: none"> • NK raised project idea of mapping access to nutrition and exercise care for patients with cancer across Australian health services. • There appears to be inequities in terms of access to nutrition and exercise services in parts of the country (i.e., rural areas). Mapping would help us to get a sense of where the nutrition and exercise services are, and where we could target to improve access to services. • Nutrition group in agreement with the project idea. • Discussed options of using HDR or dietetics students or offering COSA Fellowships similar to the Survivorship Fellowships to complete the project. Volunteers would be matched with leaders within the nutrition and exercise field.

	<ul style="list-style-type: none"> • JL suggested keeping scope limited and/or having multiple people working on the project if utilising volunteers. • Could have one fellowship for each of the nutrition and exercises groups. Need to collaborate with the exercise group. • MF reported the process is that fellowships to go to the next COSA Council meeting. • Action: NK to work on drafting a 1-page proposal. • Action: MF to contact David (chair of exercise group) to raise project and fellowship idea
<p>6. Other Business</p>	<ul style="list-style-type: none"> • Many important achievements for nutrition group members to be acknowledged: <ul style="list-style-type: none"> ○ A/Prof Nicole Kiss – Victorian Tall Poppy Award ○ Peter Mac team lead by Jenelle Loeliger and Rebecca MacIntosh – Victorian Public Health Awards ○ Irene Deftereos – PhD completion and PICCHI Award) ○ Merran Findlay – PhD completion and DA Joan Woodhill Prize for Research Excellence ○ Dr Brenton Baguley – Victoria Cancer Agency Early Career Fellowship
<p>7. Next Meeting</p>	<p>Following ASM 2023</p>

Executive:

Lauren Atkins

Dr Teresa Brown

A/Professor Judy Bauer

Irene Deftereos (Maternity Leave)

Merran Findlay (Chair)

Dr Emily Jeffery (Secretary)

Jenelle Loeliger

A/Professor Nicole Kiss

Jenelle Loeliger

Louise Moodie

Belinda Steer