

2023 COSA Nutrition Group Annual General Meeting



MINUTES

Date: Thursday 2 November 2023

Time 12:30 – 1:30 pm (AEDT)

Attendees:

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| Brenton Baguley (Deakin) | Kate Furness (La Trobe) | Hannah Ray (Peter Mac) |
| Judy Bauer (Monash) | Lauren Hanna (Monash) | Belinda Steer (Peter Mac) |
| Sarah Benna-Doyle (Deakin) | Emily Jeffery (Curtin) | Cindy Tan (Concord Hosp) |
| Belinda Camillen (RBWH, QH) | Nicole Kiss (Deakin) | Elise Treleaven (RBWH, Metro North, QH) |
| Annie Curtis (Deakin) | Erin Laing (Peter Mac) | Tommy Wong (DoH Vic) |
| Sarah Deacon (Townsville) | Jenelle Loeliger, Chair (Peter Mac) | |
| Merran Findlay (RPA Sydney) | Louise Moodie (Mackay) | |

Apologies:

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| Lauren Atkins |
| Teresa Brown |
| Irene Deftereos |

| AGENDA ITEM | DISCUSSION |
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| 1. Welcome & Introductions | <ul style="list-style-type: none">JL acknowledged the traditional owners of the land on which the meeting is held and welcomed all members to the in-person AGM. |
| 2. Conflicts of Interest | <ul style="list-style-type: none">None declared. |
| 3. Membership | <ul style="list-style-type: none">COSA Nutrition Group membership is increasing.Current membership: 131 people – 38% increase from last year.Diverse group which is comprised of 33 dietitians (25% of members), as well as nurses, admin or management, pharmacists, and clinical research professionals. |
| 4. Update on 2023 activities 4.1. 2023 ASM | <ul style="list-style-type: none">Thank you to BS for her contribution to the planning of the ASM event in Melbourne, and for advocating for the Nutrition Group throughout.Nutrition and Exercise Groups held a breakfast session yesterday, which was well attended (approx. 100 attendees). Thank you to JL and David Mizrahi for chairing the session. Thank you to JB, Jane Stewart and EJ for presenting on nutrition. |

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| | <ul style="list-style-type: none"> • The concurrent session on ‘what are we doing to reduce risk’ will be held this afternoon. • JB encouraged all to feedback to COSA through the ASM evaluation that members would like more allied health (especially nutrition) on the program. • Dietitians were well attended at the conference, and there were a good number of dietitian abstracts. Dietitians encouraged to continue to submit abstracts to the ASM. |
| <p>4.2. Group Plan</p> | <ul style="list-style-type: none"> • 2024 group plan will be put together early next year. Progress in relation to the 2023 group plan is discussed in the items to follow. |
| <p>4.3. Partnerships</p> <p>4.3.1. Dietitians Australia (DA)</p> <p>4.3.2. Australian and New Zealand Head & Neck Cancer Society (ANZHNCs)</p> <p>4.4. Research and Research Translation</p> <p>4.4.1. Toolkit to support implementation of the COSA position statement</p> <p>4.4.2. H&N evidence-based guidelines</p> <p>4.4.3. COSA Nutrition and Exercise Group fellowship initiative</p> <p>4.5. Education and Communication</p> <p>4.5.1. E-news</p> <p>4.5.2. COSA Nutrition Group webpage</p> <p>4.5.3. Dietitians involved in COSA/other organisational webinars throughout the year</p> | <p>4.3 Partnerships</p> <p><i>4.3.1 Dietitians Australia (DA)</i></p> <ul style="list-style-type: none"> • Continued partnership between COSA and DA. • BS is the DA Oncology IG Convenor and on the COSA Nutrition Group Executive. • This year COSA and DA held a co-branded webinar. Thanks to Annie, Anna and Emily for presenting. 50 people registered for the event, and the recording is available on the DA website for purchase for the next 3 years. • ACTION: JL and BS to look at co-branded COSA and DA events each year to promote COSA membership through DA. • DA external research prize has been available at COSA for the past 4-5 years. The 2023 winner will be announced at the closing session tomorrow. All APDs with oral presentations are eligible. <p><i>4.3.2 Australian and New Zealand Head & Neck Cancer Society (ANZHNCs)</i></p> <ul style="list-style-type: none"> • The ANZHNCs has a formal partnership with COSA and MF is now on the ANZHNCs executive committee. • JB to be on the conference committee for next year to advocate for dietitians in the conference. • MF’s appointment to the ANZHNCs may also lead to more joint professional development opportunities and prizes. <p>4.4 Research and Research Translation</p> <p><i>4.4.1 Toolkit to support implementation of the COSA position statement</i></p> <ul style="list-style-type: none"> • Jane Stewart presented on the toolkit project in the breakfast session. • Jane is in the early stages of the 8-month project which will develop a toolkit to support the screening and assessment recommendations. • JL reported that there are opportunities for group members to be involved in the project. • ACTION: Group members to contact Jane if they are interested in being involved. <p><i>4.4.2 H&N evidence-based guidelines</i></p> |

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| | <ul style="list-style-type: none"> • JB reports that all COSA guidelines, including the H&N guidelines are being transferred to Magic App by 31st December. • Lauren Hanna has been employed to help with the transition from the NHMRC grades of evidence to the GRADE approach. \$8000 grant is available to support the work. <p><i>4.4.3 COSA Nutrition and Exercise Group Fellowship Initiative</i></p> <ul style="list-style-type: none"> • EJ appointed as the inaugural fellow and presented in the breakfast session. • Thank you to NK and MF for initiating the fellowship initiative in the Nutrition Group, which has been successful in other COSA groups. <p>4.5 Education and Communication</p> <p>4.5.1 E-News</p> <ul style="list-style-type: none"> • Thank you to LA for editing the e-News. • JL hopes that the e-News is useful for members, and that it provides an opportunity for members to provide input. • Group members asked if there is an opportunity for 6-monthly meetings (i.e., virtual meeting in-between the ASM) to collaborate more widely. Discussed that it could be a useful way to come up with ideas for professional development and may reach people unable to attend the ASM. • ACTION: Nutrition Group to look into future meetings and discuss how we can better engage members. <p>4.5.2 COSA Nutrition Group Webpage</p> <ul style="list-style-type: none"> • Thanks to LA for reviewing the COSA Nutrition Group webpage. • ACTION: If group members have any feedback or notice any issues with the new webpage, please contact LA or JL. <p><i>4.5.3 Dietitians involved in COSA/other organisational webinars throughout the year</i></p> <ul style="list-style-type: none"> • Covered within partnerships. |
| <p>5. Plans for 2024 activities</p> <p>5.1. 2024 ASM Gold Coast 12-15 November</p> <p>5.2. Ideas?</p> | <p>5.1 2024 ASM</p> <ul style="list-style-type: none"> • 2024 ASM to be held on the Gold Coast from 12-15 November • Elise Treleaven potentially to join the organising committee. • Once the theme of the ASM is known, if group members have ideas for topics or presenters for the ASM, please let Elise know. |
| <p>6. Other Business</p> <p>6.1. Achievements of nutrition group members</p> | <ul style="list-style-type: none"> • MF appointed to the ANZHNC Society Executive Committee • Annie Curtis – travel grant for ESPEN • JB recognised as a Life Member of Dietitians Australia |

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| | <ul style="list-style-type: none"> • LA and team at OnCore Nutrition were awarded the Dietitians Australia Quality in Primary Care Award • NK (+ many Nutrition Executive and COSA members) recognised as the top cited paper for the 2022 impact factor citation window in Nutrition & Dietetics • Kate Furness and Lauren Hanna awarded an MRFF grant in pancreatic cancer (\$1.68 M) • Erin Laing contributed to the COSA NET guidelines, which is the first NET guideline to include nutrition. Erin also sits on the COSA NET Group committee. • Rebecca McIntosh sits on the COSA Survivorship Group committee. • Elise Treleaven has been appointed to the COSA Geriatric Oncology Group committee. • Lauren Hanna is the only dietitian to sit on the Australian Gastrointestinal Trials Group scientific advisory committee. • Brenton Baguley has also joined a sub-group of the COSA Exercise Group which will look at the implementation of the position statement. |
| <p>7. Next Meeting Following ASM 2024</p> | <ul style="list-style-type: none"> • Thank you to all members for joining the meeting. Thank you to the Nutrition Group Executive and to JL and MF for being chairs across this past year. |

Executive:

Lauren Atkins

Dr Teresa Brown

A/Professor Judy Bauer

Dr Irene Deftereos

A/Professor Merran Findlay

Dr Emily Jeffery (Secretary)

Jenelle Loeliger (Chair)

A/Professor Nicole Kiss

Jenelle Loeliger

Louise Moodie

Belinda Steer