

2021 COSA Nutrition Group Annual General Meeting



MINUTES

Tuesday 23 November 2021
12.30 – 1.30pm (AEDT)

Via Zoom

Attendees:

Name	Traditional Lands	Name	Traditional Lands
• Anna Beaumont	*	• Katherine Bell	<i>Cabrogal</i> *
• Belinda Steer	Wurundjeri	• Lauren Atkins	Boon Wurrung
• Hattie Wright	Gubbi Gubbi	• Louise Moodie	Yuwi
• Hayley Griffin	<i>Gadigal/Guringai</i> *	• Megan Crichton	Kombumerri
• Irene Deftereos	Wurundjeri	• Merran Findlay	Dharawal
• Jenelle Loeliger	Wurundjeri	• Judy Bauer	Quandamooka
• Jolieke van der Pols	<i>Turrbal/Yugara</i> *	• Teresa Brown	<i>Turrbal/Yugara</i> *
• Kate Kaegi	*		

*Unconfirmed or listed as place of work.

Apologies:

• Nicole Kiss
• Emily Jeffrey
• Cindy Tan
• Rebecca McIntosh

AGENDA ITEM	
1. Welcome & Introductions	<ul style="list-style-type: none"> MF gave an acknowledgement to country and welcomed all to the meeting.
2. Conflicts of Interest	<ul style="list-style-type: none"> No COI were declared.
3. Membership	<ul style="list-style-type: none"> MF reported the Nutrition Group (NG) currently has 76 members of which 41 are group members with the remainder indicating nutrition as an area of interest. Numbers appear to be down slightly from last year. Following the meeting, COSA has advised that going forward, there will be no distinction made between group members or those who indicate an interest in nutrition. There will also be no limit on number of areas of interest for COSA members (previously capped at 6). This may improve numbers of COSA members who indicate an interest in nutrition in future.
4. Update on 2021 activities 4.1. 2021 ASM	<ul style="list-style-type: none"> The 2021 COSA ASM was held virtually for the second consecutive year with the virtual platform experience positively received by attendees and presenters alike.

	<ul style="list-style-type: none"> • The Dietitians Australia External Research Prize was offered for the fourth time with Jenelle Loeliger announced as the well-deserving winner for her abstract titled: “How do we improve nutrition care and information for cancer patients? Exploration of patient, carer and health professional access, perceptions and practices: A mixed-methods study.” • The Nutrition Group also extended sincere thanks to Jenelle Loeliger for an excellent job as the NG representative on this year’s ASM organising committee. • Of note, the quality of nutrition content was outstanding: <ul style="list-style-type: none"> - International speaker Professor Vickie Baracos was a highlight. - 5 Dietitians presented in Best of the Best Oral presentations (Merran Findlay, Jenelle Loeliger, Bronwyn Segon, Belinda Steer, Cindy Tan) with more great nutrition research also showcased in rapid fire and poster sessions. - The integrated sessions highlighting nutrition as part of multidisciplinary care were also considered a strong point of the program.
<p>4.2. Group Plan & Update from Portfolio Groups</p>	<p>The NG executive have been trialling a portfolio structure in the following categories:</p> <ul style="list-style-type: none"> • Partnerships and Networks¹ In 2021, the NG continued to maintain existing partnerships and forge new ones. <ul style="list-style-type: none"> Dietitians Australia BS, NG Executive Member and Dietitians Australia Oncology Interest Group National Coordinator, reported to ensure DA Research Prize will again be offered at the 2022 COSA ASM. Dietitian Connection Malnutrition Week Activities 2021 <ul style="list-style-type: none"> - Webinar: ‘Addressing the challenge of malnutrition and sarcopenia in different patient groups’ with Prof Jürgen Bauer & Merran Findlay - 2 Podcasts were also recorded: <ol style="list-style-type: none"> 1) ‘An oncology patient’s perspective on nutrition’ – with Dr Teresa Brown and Chris Brady link here. 2) ‘Three dietitians’ perspectives of cancer nutrition care in different settings’ with Lauren Atkins, Jenelle Loeliger and Louise Moodie. Release pending. - Maree Ferguson from DC is keen to maintain collaborations with COSA NG for Malnutrition 2022 and also support other opportunities for promoting the work of the NG group. • Research and Research Translation² Position Statement – launched Aug 20. <ul style="list-style-type: none"> - NK led the submission of an accepted abstract for an Implementation Workshop at the DA National Conference in 2021 in Melbourne, however, this did not go ahead. - Whether this will be resubmitted for the DA 2022 meeting or consider other modes of delivery is for further consideration and discussion at next NG executive meeting. <p>Head & Neck Cancer Evidence-Based Guidelines</p>

	<ul style="list-style-type: none"> - JB provided an overview of the update to the H&N EBGs. - In 2020-1, JB, TB & MF supervised a number of dietetics research student projects from which there are now 4 published systematic reviews plus a further 2-3 from PhD students which provide the foundation for content update. There is a small amount of funding remaining to support the update, however, the challenge continues to be the administrative side of the wiki platform. JB and MF will continue to work with Cancer Council Australia to finalise the planned update. <ul style="list-style-type: none"> • Education and Communication³ <ul style="list-style-type: none"> - The NG continues to identify opportunities to promote the excellent work of our members. The e-News quarterly updates were deemed of interest to attendees who supported ongoing communication in this format. These e-news updates are also available publicly on the COSA website so can be shared more broadly, and may serve to encourage COSA membership particularly through partnership organisations such as DA.
<p>5. Plans for 2022 activities</p> <p>5.1. 2022 ASM</p> <p>5.2. Ideas?</p>	<p>2022 ASM</p> <p>The theme for and organising committee for 2022 are yet to be determined. The conference will be held in Brisbane 2-4 November 2022. When the call for organising committee representatives is made, TB has kindly agreed to take on this role for next year. Suggestions for presenters, session themes etc will be very welcome once the overall theme for the conference is confirmed.</p> <p>Ideas</p> <p>Update to HNC EBGs</p>
<p>6. Other Business</p>	<p>Nil Raised</p>
<p>7. Next Meeting</p>	<p>AGM at the next ASM in Brisbane 2-4 Nov 2022</p> <p>Group executive meeting in February 2022</p>

¹ Belinda, Irene, Nicole, Jenelle, Lauren

² Judy, Nicole, Emily, Merran, Teresa, Jenelle, Irene

³ Lauren, Louise, Merran